hello

NEPAL

How do you say hello in Nepali?





(Say "na-mas-TAY")

My name is Sudam Kumari Rai

Age: 9

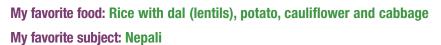
Lives in: Bhatigachh, Morang District, Nepal

I live with my mother, father and older brother. I also have two older sisters, but they have gotten married and moved away. I have lots of friends in the neighborhood. Our favorite game is when we cook together. We make a stove and pretend to cook.

I go to school in the morning, come home and eat, then go back to school in the afternoon. I speak two different languages, Nepali at school and Maithali at home.

About a year ago our house burned down. When we rebuilt it we had space for a garden. Now we're growing green leafy vegetables and okra. I help bring water from the well for the plants.

Another chore is feeding our two cows, a mom and a baby. They live in a shelter attached to our house. I go to the wheat fields and cut weeds for them to eat. I also clear out manure, sweep the yard and help my mother make food.



What I want to be: worker in the market



Sudam Kumari Rai helps tend to her family's calf at their home in Bhatigachh, Nepal.

Garden word find

Sudam's mother learned more about gardening through an MCC-supported training. Here are some words she might have heard.

□ cabbage	□ water
□ okra	☐ greens
⊓ soil	□ compost

⊒ soil	□ compo
□ tomato	□ weeds



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