

for children

hello

UKRAINE

How can you greet someone in Ukrainian?

Pryvit

(Say "pree veet")



My name is Matviy.*

Age: 10

Lives in: Zaporizhzhia, Ukraine

I live in the city now with my mother, younger sister, my aunt and our dog. I used to live in a village in the countryside, but we moved because of the war in our country. My grandparents are still in the village. We talk to them on the phone every day. On weekends, I see my dad.

I am in the fourth grade and go to school at home on the computer from 8 a.m. until 1:30 p.m. I like art a lot. Someday, I would like to draw book covers. Once a week, I go to New Hope Center where I do art projects with other children, and we learn that it is important to help each other during the war. When I am not in school, I play games with my sister, like dinosaur bingo. My favorite dinosaurs are herbivores. I also like owls and wildcats. Sometimes I play outside on the playground. That is when I am most happy.

My favorite food: buckwheat cereal with sugar and milk

My favorite subject: math and art

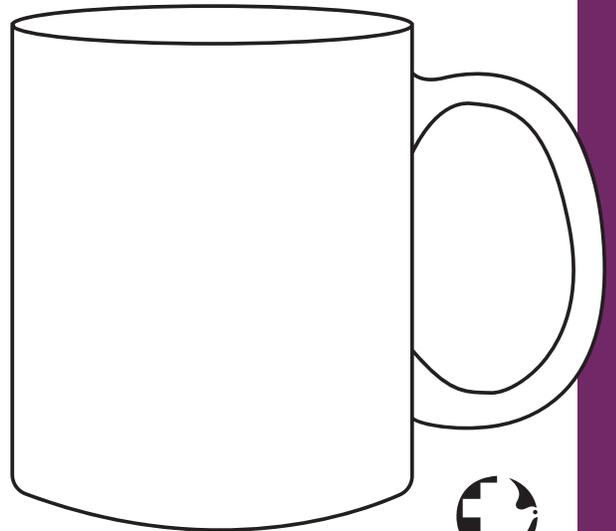
What I want to be: paleontologist or graphic designer

COLOR your emotions

At New Hope Center, children learn to recognize their feelings by coloring a cup like the one shown here. Color the cup based on how often you felt each emotion today.

So, if you felt a lot of happiness, and a little sadness and fear, color your cup mostly pink with some blue and purple. Talk about the colors of your cup with someone you trust.

- | | |
|---|--|
|  angry, annoyed |  joyful |
|  calm |  happy |
|  anxious, scared |  inspired |
|  surprised |  sad |



*Last name not used for security reasons.

